

INFLUENCING THE COSMIC AND THE MYSTICAL TOOLBOX

Akos Ekes, FRC

General Administrator of the Hungarian Administration

Frater Akos Ekes has served as the General Administrator of the Hungarian Language Jurisdiction of AMORC since 2011. Prior to that time, he served in various other AMORC positions.

Born in Budapest, Hungary in 1969, Frater Ekes is married to his wife, Klaudia, and is the father of three children, Viktória, Anna, and Barnabás.

Frater Ekes holds an MBA from the Case Western Reserve University/Central European University. His interests include mysticism, history, yoga, jogging, and coaching.

In addition to his full-time job, Frater Ekes works for the Order on a volunteer basis. He is profoundly thankful for being able to learn, experience, and serve through the Rosicrucian Order AMORC.



Influencing the Cosmic to our own favor is a wish that has existed since the dawn of Humankind. The first paintings on the walls of ancient caves show that ancient people did everything they could to make hunting successful. It is also well-known that in dry areas various tribes developed their rain dance to invite rain that is so vital for human life.

If we start to look for evidence, it comes very quickly and easily, supporting the fact that throughout the ages people did a lot to influence the Cosmic to their own



favor. Kings and other rulers used to have astrologers help them to determine the best time for an attack in a war and some of them did various occult or mystical exercises to make their wishes come true.

In modern times, one can find myriad suggested methods in books, films, or on the Internet regarding how and what to do in order to make your wish become a reality. Actually, it should be rather surprising that there are so many unhappy people if this important knowledge is thought to be so readily available for practically everyone.

Why can't people simply learn a technique and become instantly 100 percent healthy or become millionaires, world famous singers or athletes, or fulfill whatever desire they wish?

In the teachings of our Order we clearly receive a lot in this respect. Visualization is based on the fact that every physical, i.e. visible, manifestation has its plan or source in the invisible and that the Universe is always ready to fulfill desires and pursuits as long as a few, but important, criteria are met, including that our wish shall also be for the benefit of others. With these powerful tools comes responsibility as well: it is your own responsibility as to what sort of life you create for yourself.

For our use we have an imaginary toolbox where we have a lot of very practical and useful “tools.” Let’s now recall seven of these:

Intuition, Meditation, Visualization, Contemplation, Concentration, Prayer and Affirmation.

Remember that we are all free to add—and should add—to the toolbox any other Rosicrucian tools we may find appropriate for our spiritual adventure on Earth.

So, now that we have a Toolbox equipped with many fantastic tools, if we apply these, can we make all our dreams come true?

In other words, can we influence the Cosmic entirely according to our wish?

Before we start any action in order to materialize one of our wishes, it is important to think about whether the thing that we would like to create is one of our needs or one of our wants. The difference is really important. If one looks for explanations, there are several of them available. The way I would interpret it is the following: Our needs either belong to basic physical needs or to those items that are important for our inner self’s development at a given time. Our wants are wishes or demands from our ego.

Sometimes it is also possible to manifest our wants and I am pretty sure we could cite situations (I most certainly could list some from my life) when we desperately wanted something, we have been thinking about it day and night, talking about it to others, and finally we obtained it just to realize that there is no long-lasting joy in obtaining and having that particular thing that we “wanted” so much.

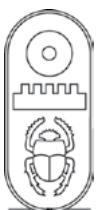
Therefore it is very important to apply and practice the “mystical tools” as they are described in the Rosicrucian teachings.

Now let’s have a closer look at two of the “mystical tools”: intuition and visualization. Why these two? First and foremost it was an intuition that came to me. Then a more practical answer is that talking about all the mystical tools would take much longer than the time that is available to us. Therefore it seems appropriate to choose one tool that can be utilized at the very beginning of the process and another one that is more for the execution phase.

Intuition is when knowledge suddenly arrives into one’s consciousness. It happens like a quick flash, and generally it is very clear to us. It is actually the expression of the Cosmic Consciousness in us. It is a momentary, temporary attunement of our Master Within with the Divine Intelligence that enters into our objective mind.

Intuition is very important as it happens naturally to practically everyone, including to people who are not interested in mysticism at all. This is an advantage as even without any practice, we occasionally experience intuition. In this case the most important thing is to recognize it, and to dare to believe that it is really important.

If we look at news from the media, can we not recall situations when survivors of a disaster said that they had an intuitive



feeling (maybe they did not use this word) not to go to a certain place or not to board a certain vehicle. There are also cases when inventors or scientists cited intuition as the starting point of their findings.

Now, let's stop for a moment and do a short self-reflection on how we use intuition and how we can get better at using this fantastic tool that connects us with our Inner Master.

We can develop this tool so that it becomes a very important part of our life. We shall also remember that besides persistent practice, we should ask for intuition and invite and encourage its appearance. So the next time your phone rings, before looking at it, invite intuition to tell you who is calling, or when you would look at your watch to check what time it is, try to intuitively know the exact time in order to develop this faculty.

Intuition has its limitations as well. First it is a very brief moment, thus it can easily escape the notice of our objective mind. Then, if we recognize it, our analytical mind can invade us with questions and doubts that come from our objective mind. This is why it is good to remind ourselves to believe in the first impression appearing in our conscious mind regarding a topic or question.

Also, given that its main characteristic is that it is very swift and momentary, intuition is typically about a topic that is interesting to us and it can only convey brief messages.

Now that we have discussed the important characteristics of intuition, let's turn our attention to another tool that is very helpful when we already have an idea, wish, or plan that we would like to manifest. This is actually the very starting point of visualization: we must have a clear picture in our mind of the goal or what we want to achieve.

However, before we start practicing, we shall always investigate if our given wish fulfills the criteria below.

- 1) Is your wish dear to your heart?
- 2) Is this wish focused? In one visualization we shall aim to prepare one mental picture for one single wish. Does this fulfill that condition?
- 3) Now let's look deeply into our soul: why are we attracted to this wish? Is our wish only for us or is it also for the benefit of others? Is our wish against the well-being of another person or a group? (In this case our wish will not be materialized).
- 4) Have we used our best efforts to make this wish come true?

And when you start your visualization see it as if it were already happening or has already happened, not something we are only longing for.

We have now discussed two of the mystical tools available to us, however it is good to remember that in our toolbox there are seven to start with: Intuition, Meditation, Visualization, Contemplation, Concentration, Prayer, and Affirmation and the list can be expanded by many more tools that are recommended in our teachings.

These mystical tools are provided to us for our free and eternal use, therefore let's apply them as frequently as possible—provided that it pleases the Cosmic as well—so that our lives develop according to our intentions. Let's feel inside how these tools confirm that we are co-Creators of this not yet fully created Universe.

And let's do our work for the Glory of God and the benefit of humankind.

So Mote It Be!